

## our mission

We're here for YOU! *Helping others meet life's challenges* is the mission of Total Care Services, Inc. (TCS). We believe, with the right supports in place, everyone can live an inclusive and fulfilled life.

## about us

Total Care Services, Inc. is a 501(c)(3) nonprofit health care organization, which for nearly two decades has implemented a holistic service model targeted toward supporting people with intellectual and developmental disabilities (IDD) and other challenges at home and in the community in the District of Columbia and Maryland.

As a provider of Coordination of Community Services through Maryland Developmental Disabilities Administration (DDA), TCS provides Targeted Case Management (TCM) to empower and support people in making informed choices that reflect their goals, dreams and needs.



## our service area

Total Care Services, Inc. (TCS) serves the Central and Southern regions of Maryland, which include Baltimore City and the following counties:

- Prince George's
- Montgomery
- Baltimore
- Anne Arundel
- Howard
- Harford
- Charles
- St. Mary's
- Calvert

## connect with us



**Hours of Operation:**  
Monday - Friday | 8:30 am - 5:00 pm



**Toll Free: 1.800.465.6125**  
**Main: 301.918.0070**  
**Fax: 301.918.3872**



**Mailing Address:**  
9901 Business Parkway, Suite R  
Lanham, MD 20706



**totalcare1.org**



**@tcssupports**



**@totalcareservicesinc**



**TTY users call Maryland Relay 7-1-1**

### Need Interpreting Services?

TCS provides language assistance services free of charge to persons with limited English proficiency.

# Total Care Services, Inc.

*Helping Others Meet Life's Challenges*



Transitioning  
Youth  
Services



# what you need to know

**Transition to Adult Services:** While you are entitled to receive services and supports in school through the Individuals with Disabilities Education Act (IDEA), adult services through DDA require you to apply and meet specific criteria for eligibility. Several agencies support this transition from school-based supports to adult support services:

- Developmental Disabilities Administration (DDA)
- Division of Rehabilitation Services (DORS)
- Department of Labor, Licensing, and Regulations (DLLR)

These agencies offer a number of choices to youth transitioning into adult services:

- Post-secondary education options
- Employment training
- Employment
- Day/Vocational Services
- Independent Living
- Community Participation



**The Governor's Transitioning Youth Initiative (GTYI):** GTYI is a collaborative partnership between DDA and DORS to provide access to supported employment and other day services for eligible students who may not otherwise have access to DDA services. While people may apply at any age and at any time for DDA services, the GTYI provides a special window of eligibility and priority for youth when they turn 21.

# start to plan early!

The goal of Transition Planning is to assist students (ages 14-21) with intellectual and developmental disabilities as they progress through school and help them prepare for transition to life in the adult world.

## a timeline for success



Age 14

Include a transition plan as part of your Individualized Education Plan (IEP); apply for services with DDA and DORS.

Age 18

Apply for Supplemental Security Income (SSI) and Medical Assistance.

Age 19

Explore post-secondary education options; align your IEP with your transition plan.

Age 20

Contact, interview, and (by your final year) choose your provider. We suggest meeting at least 3-4.

Age 21

Apply for DDA services through the Governor's Transitioning Youth Initiative.

# how we can help

Throughout the transition process and beyond, TCS' goal is to support you in making choices that promote your own, personally-defined goals of integration, independence, and personal satisfaction. Your Coordinator of Community Services (CCS) will partner with you by:

- helping you understand and access DDA and other supports, services, and resources in your community
- educating you about the services, timelines, and eligibility requirements associated with the Governor's Transitioning Youth Initiative
- promoting self-advocacy as well as being your advocate
- fostering engagement & inclusion in the community
- providing support to families & caregivers

Once you are determined to be eligible for DDA Services, your CCS will work directly with you to develop a Person-Centered Plan (PCP) that is unique to you. Your CCS will continue to monitor and adjust your plan to ensure that it always reflects your current needs, goals, desires, and preferences.

