



# SUMMARY OF WAIVER SERVICES



## **Assistive Technology and Services**

An item, piece of equipment, or product which is used to maintain or improve a person's functional abilities, enhance interactions, support meaningful relationships, promote ability to live independently, and have real community membership.

## **Behavioral Support Services**

Behavioral Support Services can:

- Help a person, who is currently, or is likely to experience difficulty at home or in the community because of behavioral, social, or emotional issues.
- Help to understand a person's challenging behavior, why it occurs, and to develop a behavior plan to help improve independence and membership in their community (behavioral assessment, behavioral consultation, and/or brief support implementation of services).

## **Environmental Assessment**

On-site assessment with a person at his/her primary residence to determine if environmental modifications or assistive technology may be necessary in the home.

An environmental assessment includes an evaluation of person's ability to perform activities of daily living, strength, range of motion, and endurance, need for assistive technology and/or modifications, environmental factors in the s home and support network including family members' capacity to support his/her independence.

## **Environmental Modifications**

A physical modification to a person's home based on the environmental assessment, designed to support greater independence or to create a safer, healthier environment. May include installation of grab bars, access ramps, railings, alarms or locks on windows, doors, and fences, etc.

## **Family and Peer Mentoring Supports**

Support from experienced mentors (parent, or other family member to a peer, another parent or family caregiver) who have the shared experiences. Help navigating the system, learning effective strategies for developing relationship, and finding and utilizing resources.

## **Family Caregiver Training and Empowerment Services**

Education and support (based on the unpaid family/caregiver's unique needs) which may include educational materials, training programs, workshops and conferences, and transportation to and from training. Helps to improve understanding of the person's disability, help you to deliver services, and increase your community access.



# SUMMARY OF WAIVER SERVICES



## **Housing Support Services**

Time-limited supports to help participants to navigate housing opportunities; address or overcome barriers to housing; and secure and retain their own home. May include searching for a home, application processes, reviewing the lease and other documents, including property rules, prior to signing; and developing a monthly budget, including a rent and utility payment plan.

## **Individual and Family Directed Goods and Services**

If a person is Self-Directing their services, helps purchase equipment or supplies their services. Includes dedicated funding to support staff recruitment and advertisement efforts such as developing and printing flyers and using staffing registries. May include fitness memberships, toothbrushes or electric toothbrushes, fees for activities that promote community integration.

## **Participant Education, Training, and Advocacy Support Services**

Training programs, workshops and conferences which help a person develop self-advocacy skills, exercise his/ her civil rights, and acquire skills needed to exercise control and responsibility over other support services.

Covered expenses include enrollment fees books and other educational materials, and transportation related to participation in training courses, conferences and other similar events.

## **Personal Supports:**

Services help a person who lives in his/her own or a family home maximize their personal independence including:

- In-home skills development such as budgeting and money management; completing homework; being a good tenant; cooking; house cleaning/chores; and laundry.
- Community integration and engagement skills development needed to be part of a family event or community at large.
- Personal care assistance services incidental to home skills or community integration/engagement skills development and may not compromise the entirety of the services.

## **Respite Care Services**

Short-term care intended to provide both the participant and his or her family with a break from their daily routines. Service can be provided in a person's home, a respite care provider's home, a licensed residential site, a state-certified overnight or youth camp and settings and camps as approved by DDA.



# SUMMARY OF WAIVER SERVICES



## Support Broker Services

For participants who elect to self-direct their own services, helps with human resource employer-related functions, mentoring and coaching the participant responsibilities as a common law employer related to staffing as per federal, state, and local laws, regulations, and policies. Support Brokers do not make any decision for the participant, sign off on service delivery or timesheets, or hire or fire workers.

## Transportation

Designed to improve a person's and the family caregiver's ability to access community activities within their own community in response to needs identified through the person's Person-Centered Plan.

## Vehicle Modifications

Adaptations or alterations which are made to a vehicle that is the participant's or the participant's family's primary means of transportation.

## Nursing Support Services

- Nurse Consultation- RN provides assessment to a person directly.
- Nurse Health Case Management- Provides a person with a licensed Registered Nurse (RN), when direct support staff are employed by a DDA provider agency to perform health services other than medication and treatment administration.
- Nurse Case Management and Delegation Services- Delegates nursing tasks for an unlicensed individual to perform acts that may otherwise be performed only by a RN or Licensed Practical Nurse (paid staff administering medications would need a Delegated RN).





# SUMMARY OF WAIVER SERVICES



## Meaningful Day (Day and Employment Services)

- **Employment Services:** Helps a person identify career and employment interests, as well as to find and keep a competitive integrated job. Time-limited services intended to identify and develop customized employment options for people working toward competitive integrated employment.
- **Career Exploration:** Time limited services to help people learn skills to work toward competitive integrated employment by utilizing teaching practices based on best practices.
- **Community Development Services:** Facilitate the development of community membership and the opportunities to develop skills and increase independence related to community integration with mostly people without disabilities and paid staff (groups of no more than 4 people).
- **Day Habilitation:** Support a person to develop and maintain skills related to activities of daily living, vocation, and socialization, while utilizing formal teaching methods and participation in meaningful activities. Activities are designed to promote greater independence and personal choice and can include things like learning skills for employment, social skills, safety skills, self-advocacy, problem solving and self-care.
- **Medical Day Care:** Medically supervised day program which includes the following services for those 21 and older which includes health care services, nursing services, physical therapy services, occupational therapy services, nutrition services, and transportation services.







# DAY SERVICES DEFINED



## Taking a closer look...

Meaningful Day Services are designed to support people of working age (16-64) who receive DDA services on their path to employment.

## Employment Services

- Discovery
- Job Development
- Follow Along Supports
- On-going Job Supports
- Co-worker Supports
- Self-Employment Development Supports

## Career Exploration

- Facility Based Supports
- Small Group Supports
- Large Group Supports

## Community Development Services

- Identifying the path to employment
- Travel training
- Self-determination or self-advocacy training
- Local and community events
- Volunteering
- Peer mentoring
- Other activities that promote health and socialization

## Day Habilitation-Traditional

- Volunteering
- Local and community events
- Self-advocacy classes/activities
- Money Management
- Opportunities for socialization
- Support services to enable participation
- Transportation (to, from, within activity)
- Personal Care Assistance (PCA) during Day Habilitation

## Medical Day Care

- Health care services
- Nursing services
- Physical therapy services
- Occupational therapy services
- Assistance with activities of daily living such as walking, eating, toileting, grooming, and supervision of personal hygiene
- Nutrition services
- Social work services
- Activity Programs
- Transportation services